



# NEWCASTLE UNIVERSITY

ACADEMIC AND ATHLETIC EXCELLENCE

HOCKEY



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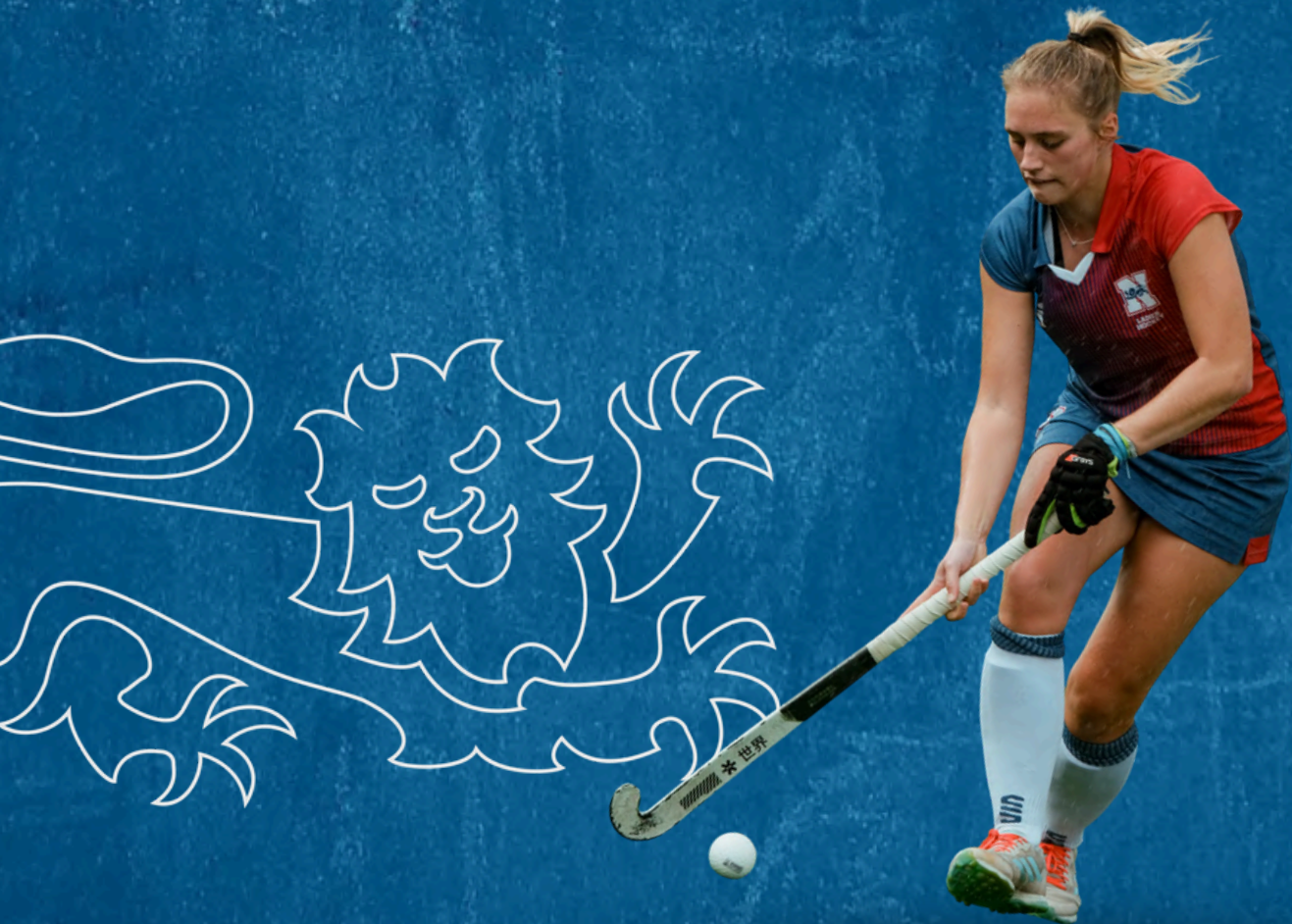
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# All about Hockey

## Development Pathway

Join one of the most successful sporting clubs at the University. As one of the largest clubs, we offer playing opportunities from local and regional leagues through to the National League.

**EH NATIONAL LEAGUE**

**BUCS NATIONAL LEAGUE**

**REGIONAL PREMIER DIVISION**

**NORTH EAST HOCKEY LEAGUE**

The club's development over the past 6 seasons includes an astonishing 23 league promotions across both weekend and BUCS leagues plus BUCS National Vase Champions.

## Scholarships

We have a range of scholarships available from direct cash instalments, reduced academic grade offers and support services including medical support, sports psychology, S&C, academic flexibility and gym memberships.

## High Performance Athletes (contextual offer)

Subject to the course that you have applied to, you may be considered for a lower grade offer due to your Performance Athlete Status. This would be considered by the Director of Hockey and Performance Sport team and will be communicated in your UCAS offer if applicable.

# All about Hockey

## Performance Hockey Schedule:

MON	TUES	WED	THURS	FRI	SAT/SUN
Pitch session		Match day	Pitch session	Pitch session	Match day

Plus S&C (squad & individual), video analysis, 1 to 1s, sports psychology support and GK coaching.

## Club Hockey Schedule:

MON	TUES	WED	THURS	FRI	SAT	SUN
	Pitch session	Match day	Pitch session		Match day	

All pitch sessions take place at our brand-new facility and is simply the best you could wish to play on.

The club offers playing opportunities across national, regional and local leagues. The club is very inclusive, with all players having the same opportunities to develop and progress as individuals and move through the clubs playing pathway.

We also offer support to those who have an interest in either Coaching or Umpiring. Qualifications, mentoring, and ongoing support are widely available.

# Our Coaching Staff

## Craig Togher - Director of Hockey



### Playing Career

Craig had a successful playing career which included full representation at county and regional levels.

He played club hockey throughout the North region and had success in winning North Regional League titles.

### Coaching Career

Craig has previous National League experience and has won several North Regional League Titles. He has several years' experience of leading on Junior International Matches, EH Futures Cup and Performance Pathway. Plus BUCS Premiership North Champions and National Trophy Champions and National Vase Champions.

### Philosophy

'My coaching philosophy is to develop a team orientated focus and understanding, whilst ensuring individual players' key skills and attributes are maximised and displayed to their full potential. Players have the freedom to express themselves with their input, ideas, and skill sets. All players are challenged to develop both themselves and their teammates, all in a supportive and fun environment.'

# Our Facilities



Our teams play on our brand new hockey pitch, designed to provide the best playing experience for athletes of all levels. Our hockey pitch is based at Longbenton Sports Ground, just a few miles from the City Campus, and right next to Four Lane Ends Metro station. In 2024 we have also invested £700k in to improving our hockey pavilion and changing rooms. We are always looking to elevate our performance and enhance the overall hockey experience for our players and spectators.

# Our Facilities

As a member of the Performance Hockey Squad, you will have a full time strength and conditioning programme with access to our modern facilities and equipment.



## Richard Eaton

Richard Eaton is the Head of S&C at Newcastle University and also teaches on the Sport and Exercise Science degree programme. Rich has 25 years coaching experience involving multi-sport environments ranging from grass roots right up to Olympic level. Rich is also an international badminton coach overseeing the Falkland Islands Badminton Team. He is UKSCA Accredited and has a BSc in Sport Science and MSc in Sport Psychology.

# Our University



Newcastle University is a world-leading university and a founding member of the Russell Group, representing the UK's top higher education institutions.

## Why choose us



**World Top 140 university**

(QS World University Rankings 2026)



**Top 20 university in the UK**

(Times Higher Education World University Rankings 2026)



**5 QS Stars for student employability**

(2025)



**Top 5 city for affordability in the UK**

(QS Best Student Cities 2026)



**Strong employer links**

with international businesses including, Siemens RIE, PwC, Dyson, Proctor & Gamble, Accenture



**World Top 50 & UK Top 5 student city**

(QS Best Student Cities 2026)

**RUSSELL GROUP**

founding member

# Our City



Voted as one of the UK's greatest student cities, Newcastle is a big city in a small space with a sizeable student population of around 42,000. The city has a proud reputation for sport and is home to several professional sports teams, such as: Newcastle United, Newcastle Falcons and the Newcastle Eagles. Newcastle's reputation for a great nightlife is well-known and with its thriving arts and culture scene too, there's something different to do every day of the week. A combination of the fastest growing hockey programme in the country, a world class education and nationally renowned social life, makes this programme the place to be!

# Information & Links



[Craig Togher \(Director of Hockey\) - craig.togher@newcastle.ac.uk](mailto:craig.togher@newcastle.ac.uk)

[Instagram - @\\_nulhc](#)


[Linktree](#)

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